

Draft Rates for the Development of the Draft MaineCare Benefits Manual Chapter II, Section 71: NDPP

The National Diabetes Program Prevention (NDPP) is an evidence-based, year-long, lifestyle behavior change program developed by the Centers for Disease Control and Prevention (CDC) to teach participants the skills to change and maintain physical activity levels and dietary habits to prevent or delay type 2 diabetes. Trained lifestyle coaches deliver group sessions using a curriculum approved by the CDC.

Code	Description	Rate
0403T	Preventive behavior change, intensive program of prevention of diabetes using a standardized diabetes prevention program curriculum, provided to individuals in a group setting, minimum 60 minutes, per day. MaineCare will reimburse up to 22 instances of this service per member per twelve rolling months.	\$16.32
G9880	Performance payment when the member achieves 5% weight loss or a 0.2 percentage point reduction in HbA1C as specified in the rules. MaineCare will reimburse up to two instances of G9880 per member per twelve rolling months.	\$98.46